



®

CONNECTICUT ASSOCIATION OF OPTOMETRISTS



# 2023 ANNUAL EDUCATION CONFERENCE

*The Northeast's  
Premier Optometric  
Conference offering  
16 COPE approved  
CE Credits*



**Saturday, September 30, 2023  
& Sunday, October 1, 2023**  
(Opening Night Reception - Friday, September 29th)



**Mystic Marriott Hotel & Spa  
625 North Road (Route 117)  
Groton, CT 06340**

For registration, lodging & more visit:

[www.cteyes.org/conference](http://www.cteyes.org/conference)



SPEAKER

**A. Paul Chous, MA, OD, FAAO**

Maple Valley, WA



SPEAKER

**Steven Ferrucci, OD, FAAO**

Sepulveda, CA



SPEAKER

**Jeffry D. Gerson, OD, FAAO**

Olathe, KS



SPEAKER

**Eric E. Schmidt, OD, FAAO**

Wilmington, NC



# PROGRAM SCHEDULE | CAO 2023

## Friday, September 29, 2023

**7:00 pm – 9:00 pm**

**Opening Night Reception** - Join us for cocktails, delicious food stations including the Mac-N-Cheese Bar, Gift Card Raffle and T-Shirt Giveaway! **FREE with Registration!**

## Saturday, September 30, 2023 - 8 Hours

**7:15 am – 8:00 am – Registration & Breakfast**

**8:00 am – 9:40 am**

**Sleep Disorders: What Eyecare Professionals Need to Know (2 Hours - COPE: 80889-SD)**

**Speaker: A. Paul Chous, MA, OD, FAAO**

This course will consider a range of sleep disorders and their impact on systemic health as well as ocular disease. Testing for sleep disorders will be discussed along with therapies for their improvement. Evidence linking hypersomnia, hyposomnia, and obstructive sleep apnea to diabetic retinopathy, AMD, glaucoma and OSD will be presented, along with environmental strategies to improve sleep quality and a range of therapies for sleep apnea.

**9:40 am – 10:10 am – Break & Exhibits**

**10:10 am – 11:50 am**

**Hot Topics in Glaucoma (2 Hours – COPE Pending)**

**Speaker: Eric E. Schmidt, OD, FAAO**

The specialty of glaucoma has seen great advances in the past few years. This course will highlight recent developments in therapeutic agents, surgical care and diagnostic criteria. Additionally, discussions will ensue regarding shifting paradigms of how to judge glaucoma progression and when to advance therapy. This fast paced course will bring you up-to-date on the latest hot topics in glaucoma.

**11:50 am - 12:00 pm - CAO Announcements**

**12:00 pm - 1:30 pm - Lunch & Exhibits**

**1:30 pm – 3:10 pm**

**Landmark Trials in Glaucoma- What They Mean To Us Clinically (1 Hour - COPE: 82597-GL)**

**Speaker: Eric E. Schmidt, OD, FAAO**

Each month more and more studies around glaucoma are released, some of which provide valid data others which muddy the waters. But there are 6 landmark studies in glaucoma that have shaped our decision making process around diagnosis, early treatment, progression and choice of therapy. This course will highlight these landmark studies and discuss the data. A lengthy discussion will ensue as to how we, as clinicians, can put this data into practice to allow us to make better diagnosis and treatment decisions and provide better care for our patients.

**Detecting Progression in Glaucoma**

**(1 Hour – COPE Pending)**

**Speaker: Eric E. Schmidt, OD, FAAO**

This course will delve into progressive glaucoma. Making use of clinical clues and risk factors the attendee will gain a clearer understanding of when the disease is not controlled and how to best react to that. Specific clinical findings and ancillary test results will be used to further our understanding of how to detect glaucoma progression earlier in the course of the disease.

**3:10 pm – 3:40 pm – Break & Exhibits**

**3:40 pm – 5:20 pm**

**Diabetes Cases & Conundrums (2 Hours – COPE Pending)**

**Speakers: A. Paul Chous, MA, OD, FAAO & Jeffrey D. Gerson, OD, FAAO**

As more of our patients have diabetes, it becomes a more important part of all of our practices. It is incumbent on us to not only care for our patients' eyes, but for them...and their diabetes. We will discuss cases and how to talk with patients and help guide them in their care journey.

**5:20 pm – 6:30 pm**

**Saturday Night Exhibit Hall Cocktail Reception**

Cocktails & light Hors D'oeuvres **FREE with Registration!**

## Sunday, October 1, 2023 - 8 Hours

**7:15 am – 8:00 am – Registration & Breakfast**

**8:00 am – 9:40 am**

**Retinal Findings in Systemic Disease**

**(2 Hours – COPE Pending)**

**Speaker: Jeffrey D. Gerson, OD, FAAO**

This course will discuss the retinal findings seen with different systemic diseases. The course will cover not only the retinal perspective, but also the systemic perspective causing changes to the eyes. Appropriate referrals to other eye care professionals and to general medical professionals will be discussed. Practical approaches to discussing these conditions with patients will be addressed in order to give the attendee pearls to use in practice.

**9:40 am – 10:10 am – Break & Exhibits**

**10:10 am – 11:50 am**

**Making The Right Call From Triage to Telehealth**

**(1 Hour – COPE Pending)**

**Speaker: Jeffrey D. Gerson, OD, FAAO**

With the increase in usage of telemedicine, proper triage has become more important for our patients. This course will go over some real-life conditions and how they were handled and when and if telemedicine is appropriate and when in person care is needed.

**Ocular Nutrition Controversies (1 Hour – COPE Pending)**

**Speaker: Jeffrey D. Gerson, OD, FAAO**

Nutrition plays an important role in ocular health. This course will use patient cases to demonstrate how nutrition can potentially be of great benefit to patients. Both foods and supplements will be discussed to make implementation easy for the attendee. The topics will range from A to Z (Astaxanthin to Zeaxanthin) and will focus on retinal diseases but touch on computer vision syndrome, diabetes and ocular surface as well.

**11:50 am - 12:10 pm - CAO Announcements**

**12:10 pm - 1:40 pm – Lunch & Exhibits**

**1:40 pm – 3:20 pm**

**Retinal and OCT Grand Rounds (2 Hours – COPE Pending)**

**Speaker: Steven Ferrucci, OD, FAAO**

This course reviews some of the basic principles of retinal OCTs and OCTAs as well as uses examples to help illustrate OCT findings associated with certain clinical entities. Clinical pearls for the various diseases are stressed, as well as new treatment options and recommended management.

**3:20 pm – 3:30 pm – Break**

**3:30 pm – 5:10 pm**

**Refer or Relax: Retina (2 Hours – COPE Pending)**

**Speaker: Steven Ferrucci, OD, FAAO**

This course discusses cases encountered in the primary care ODs office, and asks if this is something that we can monitor ourselves relax or refer to a retinal specialist for further treatment. Cases include lattice, retinal holes, choroidal nevi and more. Clinical pearls regarding follow up and appropriate referral criteria is presented.



# REGISTRATION

ONLINE: WWW.CTEYES.ORG  
FAX: 860-529-4411  
EMAIL: INFO@CTEYES.ORG

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Preferred First Name on Badge: \_\_\_\_\_ Title: \_\_\_\_\_

Office Name: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Emergency Contact (Name & Phone): \_\_\_\_\_

Two Days – Saturday & Sunday, September 30 - October 1, 2023	Early Bird	After 9/1/23
CAO Member	<input type="checkbox"/> \$450	<input type="checkbox"/> \$525
AOA Affiliate Member	<input type="checkbox"/> \$450	<input type="checkbox"/> \$525
Non-Member	<input type="checkbox"/> \$550	<input type="checkbox"/> \$650
One Day – Saturday, September 30, 2023	Early Bird	After 9/1/23
CAO Member	<input type="checkbox"/> \$300	<input type="checkbox"/> \$375
AOA Affiliate Member	<input type="checkbox"/> \$300	<input type="checkbox"/> \$375
Non-Member	<input type="checkbox"/> \$350	<input type="checkbox"/> \$425
One Day – Sunday, October 1, 2023	Early Bird	After 9/1/23
CAO Member	<input type="checkbox"/> \$300	<input type="checkbox"/> \$375
AOA Affiliate Member	<input type="checkbox"/> \$300	<input type="checkbox"/> \$375
Non-Member	<input type="checkbox"/> \$350	<input type="checkbox"/> \$425
Social Events	Please RSVP	
Friday Opening Night Reception (September 29, 2023)	<input type="checkbox"/> Yes, I will attend	<input type="checkbox"/> No, thank you
Saturday Night Exhibit Hall Cocktail Reception (September 30, 2023)	<input type="checkbox"/> Yes, I will attend	<input type="checkbox"/> No, thank you

## PAYMENT INFORMATION

Total Payment: \_\_\_\_\_ Please complete below      
or enclose check made out to: CAO

Credit Card #: \_\_\_\_\_ Exp. Date: \_\_\_\_\_ CVV2 Code: \_\_\_\_\_

Name on Card: \_\_\_\_\_ Signature: \_\_\_\_\_

Billing Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Please note: COVID-19 pandemic safety recommendations for gatherings will be followed based on state guidelines at the time of the conference. Courses and/or instructors are subject to change without warning. The CAO will make every effort to notify attendees of updates. Please contact CAO at 860-529-1900 if there are any special accommodations you need to participate fully in this conference. CAO fully complies with the legal requirements of the ADA and the rules and regulations thereof.

### Registration Cancellation Policy

If your request is received in writing before September 24, 2023, a \$50 administrative fee will be applied. Fees cannot be refunded for registrations cancelled after September 24, 2023. Substitutions are accepted.